

Reduce my waste

Waste management is not just about how we dispose of our waste, it means aiming to reduce the amount of waste we produce in the first place!

Here are 4 ways you can reduce waste:

1. **Avoid waste**
 - repair before replacing
 - choose items that are not packaged in plastic
 - say no to items you do not want or need.
2. **Swap single-use items for reusable items**
 - use cloth shopping bags
 - use reusable drink bottles, cutlery and straws
 - reuse wrapping paper and gift bags.
3. **Reduce what you throw away**
 - buy, swap, sell or donate unwanted items
 - make the most of left-overs and turn them into a yummy lunch for the next day.
4. **Recycle as much as you can**
 - look for compostable or recyclable products
 - set up a compost bin or worm farm at home
 - place your waste in the right bin.

On page 2, there is space for you to record how you will do each of these things to reduce the amount of waste you produce.

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I _____ pledge to do the following to reduce the amount of waste I produce.

<p>AVOID</p>	<p>REDUCE</p>
<p>SWAP</p>	<p>RECYCLE</p>

Signed _____ Date: _____